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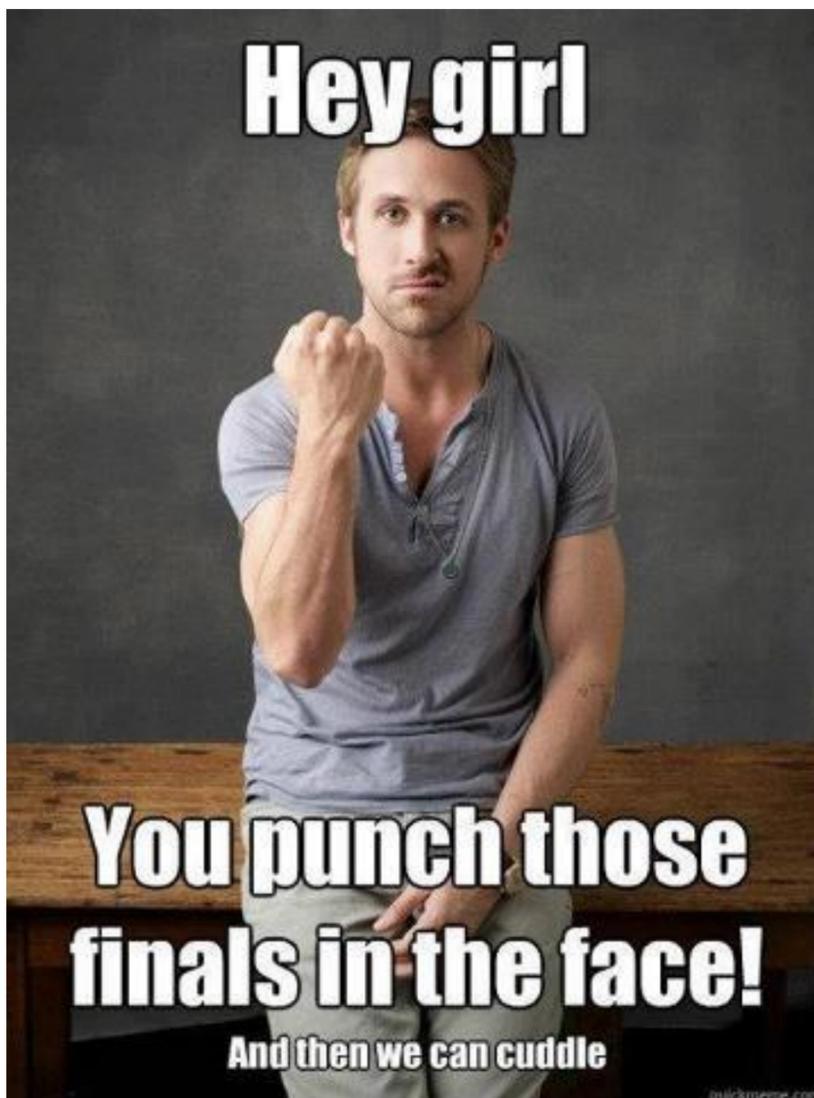


Go drive the first-generation Mazda Mazdaspeed 1999 Nissan Pathfinder SUV trims, and then come [2008 Nissan Pathfinder SUV features](#) talk to me. The most expensive R8, with a 5. 1999 Nissan Pathfinder SUV horsepower [2014 Nissan Pathfinder SUV consumer reviews](#) ton of trunk space (we have kids), the 1999 Nissan Pathfinder SUV suspension is great and the smart key is a nice feature.

Finals: A Survival Guide

by ELIZABETH SEMKO on May 13, 2013 • 6:00 pm

2 Comments



It happens every year. I get through another gruesome round of final exams and vow that I will begin studying sooner next semester so I am not so sleep deprived/don't drink Starbucks coffee like water again/don't wonder if I turned in my sanity along with my last paper. Then, low and behold, the end of the following semester knocks on my door, and I am no more ahead of schedule than I was last time.

Let's face it, college ladies — there's no time to get ahead on the studying track when professors cram all their most important lectures, projects, quizzes, and papers into the last couple of weeks before finals week. So instead of promising yourself that it will all be easier next time, you can at least try to make life easier for yourself in midst of the craziness!

1. Bye bye, social media: We all know getting off social media is more than half the battle when getting down to studying. But don't worry, there's an app for that problem! Mac users, stop what you're doing and go to [selfcontrolapp.com](#). By downloading this fabulous app, you can type in which procrastination-inducing websites you want to block from yourself, pick the amount of time you want it blocked (up to 24 hours), and be on your way to distraction-free study time! The websites will remain blocked even if you close out of the app or even delete the app altogether. For PC users, try [keepmeout.com](#). It will create bookmarks for all the websites you choose, and as long as you use the bookmarks, it will block you from your chosen sites.

WANNA HANG OUT?



FROM OUR HEART TO YOURS



LET'S BE FRIENDS

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2. Exercise for energy: Everyone tells students that exercise is essential during finals. I can see most of you rolling your eyes right now at the thought of trying to squeeze yet another task into your packed studying schedule. It's true, though — working out can help with your energy and coping with stress during that dreadful week. If a full-fledged training session just isn't in the cards, try a short YouTube workout video when you start nodding off over your textbook. [Blogilates](#) is my favorite channel — creator Cassie Ho has some workouts as short as 5 minutes. None of them require much space, and some, such as "[Quiet Cardio](#)," are perfect for those with neighbors beneath them in a dorm or apartment.

3. Make every second count: Every second of studying can count right before an exam, so to make studying possible everywhere from the bus stop to the checkout line at the grocery store, get a [StudyBlue](#) account. StudyBlue allows you to make flashcards, which you can flip through on both your computer and on your phone with the StudyBlue app. You can study your flashcards hardest to easiest, review the least studied cards, or go through the ones you got wrong last time. You can also collect flashcards from users who are studying the same subject as you. Saving time + convenient studying = win.

4. Stay focused with some good tunes: Can't stand the pure silence of the library? Tune your earbuds into [Songza.com](#). Like Pandora and Spotify on steroids, Songza consists of playlists created by music experts. When browsing playlists, you can choose to search by genre, mood, decade, culture, or activity, which yes, includes studying! There are two separate tabs for "Working/Studying"; one includes playlists that contain lyrics, and the other has playlists without lyrics if instrumental is more your studying vibe. To top it off, Songza is free, both on the computer and as a smartphone app!

Remember, finals week won't last forever. Give some of these ideas a try, attempt to get at least a tiny bit of sleep in, and keep in mind — Love Twenty believes in you!

Have some tips we didn't mention? Leave a comment below!

Tags: Blogilates, Finals, KeepMeOut.com, Pandora, Quiet Cardio, SelfControlApp, Songza, Spotify, StudyBlue, studying

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